

Sort



© Stockbyte/Thinkstock.

Parents spend a lot of time sorting. We sort the laundry and the silverware, toys and coupons, junk mail and bills. We sort through which invitations and opportunities will make it onto the family calendar and which ones we'll decline. There's often too much to do, and it can be hard to keep sane. So how do you decide how your family will spend its precious time and energy?

Jesus says, "seek ye first the kingdom of God," which means put God's will in the center of your life. Prudence, the virtue that helps us make decisions based on wisdom rather than impulse, can help you sort. When your family is feeling overbooked, exercise prudence by asking, "Which activities bring us closer to one another and to Christ, and which simply make us busy?"

—Tom McGrath

STRONG CATHOLIC FAMILIES

Diocese of St. Catharines | Youth Ministry Office

One Word at a Time, courtesy of the Archdiocese of Chicago and **LOYOLA PRESS**.
For more parenting resources: www.loyolapress.com/popefrancis or youth@saintcd.com

© 2013 Archdiocese of Chicago