

Awaken



A young couple I know from church gave birth to their first child recently. After offering sincere but brief congratulations, a friend asked them, “Are you getting any sleep?” The couple launched into a story of how often their baby awakens in the night. Having kids does wake us up in the middle of the night, but it can also wake us up to the gifts of the Spirit. Spiritually aware parents awaken to

- the miracle of birth
- an intense love for this sacred person
- a fierce commitment to do what’s best for a helpless child
- the fact that God is at the heart of this newfound relationship

So awaken! God is present in the middle of the night and throughout each and every day. —*Tom McGrath*

STRONG CATHOLIC FAMILIES

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