

# Thriftiness



For many families, Christmas and birthdays feature children frantically ripping open endless packages one minute and then feeling empty and cranky the next. That same pattern describes society at times: manic buying followed by inevitable disappointment. The virtue of thriftiness encourages wisdom in how we choose to use our resources. With landfills overflowing and playrooms littered with unused toys, thriftiness is gaining appeal as a virtue for our times. Being thoughtful about how we use our God-given gifts of money, time, and energy allows us to live more consciously, use fewer resources, and make choices that are more likely to satisfy over the long haul. Thriftiness asks, “Will this purchase bring joy to my life and the lives of others or just provide a passing thrill or an emotional quick fix?” —Tom McGrath

**STRONG CATHOLIC FAMILIES**

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One Word at a Time, courtesy of the Archdiocese of Chicago and **LOYOLA PRESS**.  
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