

Know



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“I never knew my father. He was rarely around.” I hear this often when I give talks to men. If the man seems open and willing, I’ll ask, “Do your children know *you*?” It’s a good question for all parents to ask. We can be so busy providing for our children’s daily needs that we unintentionally withhold a lasting gift from them—the gift of letting them know who we are, what matters to us, and what we stand for.

An easy way to offer that gift is to tell stories from your past. Use prudence, of course, and be sure to relay stories that highlight God at work in your life. Telling meaningful stories from our past helps our children know us and feel grounded in the present and better prepared to face the future. —*Tom McGrath*

STRONG CATHOLIC FAMILIES

Diocese of St. Catharines | Youth Ministry Office

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